(Amounts stated in \$ millions, except as noted)

	2021			20	)20		2019		Annual		
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
SUMMARY FINANCIAL RESULTS											
Petroleum and natural gas sales	369.1	299.7	279.9	202.0	138.8	113.2	172.1	259.9	199.8	626.0	914.9
Net income (loss)	292.7	(74.3)	(82.5)	311.5	(23.3)	(75.7)	(235.1)	(31.1)	141.0	(22.7)	(87.9)
Per share – diluted (\$/share)	2.06	(0.56)	(0.62)	2.35	(0.17)	(0.57)	(1.76)	(0.24)	1.08	(0.17)	(0.67)
Cash from (used in) operating activities	97.0	112.1	81.3	53.2	11.4	(14.2)	30.5	70.5	48.6	80.9	255.7
Per share – diluted (\$/share)	0.68	0.84	0.61	0.40	0.09	(0.11)	0.23	0.54	0.37	0.61	1.96
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Adjusted funds flow	148.4	86.0	90.9	67.9	29.5	19.0	33.5	93.5	50.9	150.0	299.0
Per share – diluted (\$/share)	1.04	0.65	0.69	0.51	0.22	0.14	0.25	0.71	0.39	1.12	2.29
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Total assets	3,882.9	3,655.6	3,583.1	3,497.0	3,041.9	3,066.4	3,009.5	3,531.3	3,771.1	3,497.0	3,531.3
Long-term debt	522.4	608.4	712.7	813.5	792.7	754.9	651.5	632.3	720.9	813.5	632.3
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Net debt	576.8	724.5	761.7	854.1	836.5	810.7	771.9	703.5	777.9	854.1	703.5
Total liabilities	1,471.8	1,601.1	1,548.1	1,459.2	1,336.5	1,343.3	1,293.1	1,448.1	1,700.3	1,459.2	1,448.1
Common shares outstanding (thousands) (4)	133,207	133,314	132,754	132,284	133,784	133,784	133,346	133,337	130,020	132,284	133,337
Wtd. avg shares – diluted (thousands) (4)	142,679	132,901	132,489	132,616	133,784	133,704		131,253	130,020	132,204	130,564
wid. avg shares - anatea (mousanas)	112,077	102,701	102,107	102,010	100,701	100,712	100,010	101,200	130,001	100,017	130,301
Total capital expenditures by region											
Grande Prairie (5)	53.1	66.5	51.3	64.3	46.1	36.7	49.8	60.7	106.6	196.9	302.2
Kaybob	1.7	3.9	5.0	1.8	2.7	1.8	10.1	9.5	14.6	16.4	80.7
Central Alberta & Other	9.7	11.8	1.2	0.8	0.2	0.8	2.8	0.6	1.1	4.6	7.6
Corporate (6)	1.6	1.2	1.8	(1.8)	1.5	1.5	1.1	-	3.3	2.3	6.0
Land and property acquisitions  Total capital expenditures	2.8	0.1 83.5	59.3	65.1	50.5	0.6 41.4	63.8	72.2	1.9 127.5	0.6 220.8	7.6 404.1
rotai capitai experiultures	68.9	03.3	39.3	03.1	30.3	41.4	03.0	12.2	127.3	220.0	404.1
SALES VOLUMES											
Natural gas (MMcf/d)	269.7	273.1	273.1	256.3	224.0	253.2	261.5	299.0	296.6	248.7	303.3
Condensate and oil (Bbl/d)	32,177	29,543	29,854	25,752	19,782	22,823	21,898	28,516	24,761	22,565	25,079
Other NGLs (Bbl/d) (7)	5,017	4,938	5,170	4,987	3,952	3,817	4,539	7,064	6,851	4,325	6,767
Total (Boe/d)	82,150	79,995	80,540	73,460	61,064	68,839	70,022	85,411	81,046	68,340	82,394
% Liquids	45%	43%	43%	42%	39%	39%	38%	42%	39%	39%	39%
Sales volumes by region (Boe/d)											
Grande Prairie	54,586	49,345	47,385	37,782	27,237	31,039	28,214	36,789	27,927	31,076	29,040
Kaybob	21,054	22,688	24,938	27,056	25,477	29,561	32,700	33,167	34,615	28,685	35,500
Central Alberta & Other	6,510	7,962	8,217	8,622	8,350	8,239	9,108	15,455	18,504	8,579	17,854
Total	82,150	79,995	80,540	73,460	61,064	68,839	70,022	85,411	81,046	68,340	82,394
PARAMOUNT REALIZED PRICES											
Natural gas (\$/Mcf)	3.89	3.01	3.14	2.83	1.94	1.94	2.25	2.73	1.58	2.25	2.36
Condensate and oil (\$/Bbl)	84.42	77.96	69.20	52.03	48.74	29.05	55.92	66.70	65.73	46.47	66.66
Other NGLs (\$/Bbl) (7)	47.05	32.11	32.29	20.61	18.10	12.28	10.75	13.03	9.78	15.63	15.24
Petroleum & natural gas sales (\$/Boe)	48.84	41.17	38.61	29.89	24.70	18.07	27.01	33.08	26.80	25.03	30.42

(Amounts stated in \$ millions, except as noted)

	2021		2020			2019		Annual			
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
COMMODITY PRICES - BENCHMARKS											
Natural gas											
AECO daily spot (\$/GJ)	3.41	2.93	2.99	2.50	2.12	1.89	1.93	2.35	0.86	2.11	1.67
AECO monthly index (\$/GJ)	3.36	2.70	2.77	2.62	2.04	1.81	2.03	2.21	0.99	2.12	1.54
Dawn (\$/MMbtu)	5.18	3.43	3.72	2.97	2.44	2.28	2.35	2.99	2.83	2.51	3.22
NYMEX (US\$/MMbtu)	4.32	2.97	2.73	2.76	2.13	1.76	1.87	2.42	2.33	2.13	2.53
Malin – monthly index (US\$/MMBtu)	4.12	2.75	2.70	2.93	1.90	1.52	2.27	2.65	1.97	2.15	2.67
Condensate and oil											
Edmonton light sweet (\$/Bbl)	84.18	76.29	68.62	49.17	49.05	31.45	52.02	66.77	69.26	45.39	68.87
West Texas intermediate (US\$/Bbl)	70.56	66.03	57.84	42.66	40.93	27.84	46.17	56.96	56.47	39.40	57.02
Other NGLs											
Conway – propane (\$/Bbl)	61.80	42.96	48.77	30.32	26.02	23.79	19.19	26.05	19.94	24.83	26.43
Belvieu – butane (\$/Bbl)	70.48	48.32	50.35	36.10	30.23	23.77	31.82	39.85	29.55	30.48	35.95
NETBACK (3)											
Netback (\$/Boe)											
Petroleum and natural gas sales	48.84	41.17	38.61	29.89	24.70	18.07	27.01	33.08	26.80	25.03	30.42
Royalties	(4.09)	(3.43)	(2.57)	(1.73)	(0.77)	(0.57)	(1.84)	(2.19)	(1.62)	(1.25)	(2.10)
Operating expense	(11.02)	(11.23)	(11.63)	(11.80)	(11.10)	(9.99)	(14.49)	(13.36)	(12.58)	(11.88)	(12.50)
Transportation and NGLs processing (8)	(4.01)	(4.16)	(3.84)	(3.63)	(4.95)	(4.04)	(3.70)	(2.90)	(3.45)	(4.05)	(3.15)
Netback	29.72	22.35	20.57	12.73	7.88	3.47	6.98	14.63	9.15	7.85	12.67
Financial commodity contract settlements	(7.81)	(7.44)	(4.51)	1.18	1.75	2.05	1.10	0.60	0.76	1.50	0.44
Netback including financial commodity contract settlements	21.91	14.91	16.06	13.91	9.63	5.52	8.08	15.23	9.91	9.35	13.11
Royalty rate	8.4%	8.3%	6.7%	5.9%	3.2%	3.3%	6.9%	6.7%	6.1%	5.1%	7.0%
Netback											
Natural gas revenue	96.5	74.8	77.3	66.7	40.0	44.7	53.6	75.1	43.1	204.9	261.0
Condensate and oil revenue	249.9	209.6	185.9	123.3	88.7	60.3	111.4	175.0	149.7	383.8	610.2
Other NGLs revenue (7)	21.7	14.4	15.0	9.5	6.6	4.3	4.4	8.5	6.2	24.7	37.7
Royalty and other revenue	1.0	0.9	1.7	2.5	3.5	3.9	2.7	1.3	0.8	12.6	6.0
Petroleum and natural gas sales	369.1	299.7	279.9	202.0	138.8	113.2	172.1	259.9	199.8	626.0	914.9
Royalties	(30.9)	(24.9)	(18.6)	(11.7)	(4.3)	(3.6)	(11.7)	(17.2)	(12.1)	(31.3)	(63.3)
Operating expense	(83.3)	(81.8)	(84.3)	(79.8)	(62.4)	(62.6)	(92.3)	(105.0)	(93.8)	(297.1)	(376.0)
Transportation and NGLs processing (8)	(30.3)	(30.3)	(27.9)	(24.6)	(27.8)	(25.3)	(23.6)	(22.8)	(25.7)	(101.3)	(94.7)
Netback	224.6	162.7	149.1	85.9	44.3	21.7	44.5	114.9	68.2	196.3	380.9
Financial commodity contract settlements	(59.0)	(54.1)	(32.7)	7.9	9.8	12.9	7.0	4.7	5.7	37.6	13.2
Netback including financial commodity contract settlements	165.6	108.6	116.4	93.8	54.1	34.6	51.5	119.6	73.9	233.9	394.1

(Amounts stated in \$ millions, except as noted)

	2021			20	20		2019		Annual		
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
SUMMARY INCOME STATEMENT											
Revenue	338.2	274.7	261.2	190.3	134.4	109.6	160.4	242.7	187.7	594.7	851.6
Gain (loss) on financial commodity contracts	(47.0)	(75.7)	(81.2)	(24.1)	(2.1)	(7.2)	42.3	(17.2)	17.1	8.9	(45.2)
	291.2	199.0	180.1	166.2	132.3	102.3	202.7	225.5	204.8	603.6	806.4
Operating expense	83.3	81.8	84.3	79.8	62.4	62.6	92.3	105.0	93.8	297.1	376.0
Transportation and NGLs processing	30.3	30.3	27.9	24.6	27.8	25.3	23.6	22.8	25.7	101.3	94.7
General and administrative	10.4	10.6	8.7	9.1	7.8	5.8	10.2	12.6	12.8	32.9	52.6
Share-based compensation	3.0	2.1	6.0	6.8	5.6	0.6	-	4.2	6.8	13.0	18.5
Depletion, depreciation and impairment	(200.0)	00.0	1124	(220.1)	20.0	40.0	170 1	02.2	0.0	20.0	257.5
(reversals) Exploration and evaluation	(209.8) 6.7	99.9 2.1	142.6 20.9	(239.1) 8.8	29.0 1.7	60.8 11.5	170.1 11.9	82.3 4.4	9.8 10.3	20.8 34.0	237.3
(Gain) loss on sale of oil and gas assets	(32.3)	1.6	(41.4)	(0.1)	8.0	3.1	(2.3)	(4.2)	(157.3)	34.0 8.7	(169.3)
Interest and financing	8.7	12.6	16.7	17.8	17.1	9.3	9.5	10.2	9.7	53.7	40.2
Accretion of asset retirement obligations	10.6	10.8	10.7	11.2	11.0	10.7	10.5	12.2	15.1	43.4	56.7
Closure costs	-	-	10.0	-	-	-	10.5	0.5	-	-	14.0
Transaction and reorganization costs	_	_	_	_	_	3.0	_	2.3	_	3.0	2.3
Loss on dissent payment entitlement	_	22.6	_	_	_	-	_	_	_	-	_
Foreign exchange	(1.3)	0.8	0.3	0.6	0.4	0.4	(0.8)	_	(0.2)	0.6	_
Expenses	(90.4)	275.2	(276.8)	(80.5)	170.6	193.1	325.1	252.3	26.5	608.3	765.3
Other income (loss)	0.2	(16.1)	(7.9)	0.4	(3.5)	1.4	(6.0)	(7.2)	(10.4)	(7.7)	(16.7)
Income (loss) before tax	381.8	(92.3)	(104.6)	247.1	(41.8)	(89.3)	(128.4)	(34.0)	167.9	(12.5)	24.4
Deferred income tax expense (recovery)	89.1	(18.0)	(22.1)	(64.4)	(18.5)	(13.6)	106.7	(2.9)	27.0	10.2	112.3
Net income (loss)	292.7	(74.3)	(82.5)	311.5	(23.3)	(75.7)	(235.1)	(31.1)	141.0	(22.7)	(87.9)
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CACH FROM ORFRATING ACTIVITIES !											
CASH FROM OPERATING ACTIVITIES /											
ADJUSTED FUNDS FLOW (3)	200 7	(7.4.0)	(00.5)	044.5	(00.0)	(7.5.7)	(005.4)	(04.4)	444.0	(00.7)	(07.0)
Net income (loss)	292.7	(74.3)	(82.5)	311.5	(23.3)	(75.7)	(235.1)	(31.1)	141.0	(22.7)	(87.9)
Financial commodity contracts	(12.0)	21.6	48.5	32.1	11.9	20.1	(35.3)	21.9	(11.4)	28.7	58.4
Share-based compensation Depletion, depreciation and impairment	3.0	2.1	6.0	6.8	5.6	0.6	-	4.2	6.8	13.0	18.5
(reversals)	(209.8)	99.9	142.6	(239.1)	29.0	60.8	170.1	82.3	9.8	20.8	257.5
Exploration and evaluation	5.1	0.3	19.1	6.7	_	9.6	9.3	0.9	7.8	25.6	11.4
(Gain) loss on sale of oil and gas assets	(32.3)	1.6	(41.4)	(0.1)	8.0	3.1	(2.3)	(4.2)	(157.3)	8.7	(169.3)
Accretion of asset retirement obligations	10.6	10.8	10.8	11.2	11.0	10.7	10.5	12.2	15.1	43.4	56.7
Foreign exchange	(0.2)	0.2	(0.1)	0.2	0.2	0.3	-	-	(0.2)	0.7	0.2
Loss on dissent payment entitlement	_	22.6	_	-	-	-	-	-	_	_	_
Change in fair value of securities - warrants	_	_	(0.1)	_	3.3	(3.2)	1.5	0.4	8.8	1.7	9.2
Deferred income tax	89.1	(18.0)	(22.1)	(64.4)	(18.5)	(13.6)	106.7	(2.9)	27.0	10.2	112.3
Closure costs and other	0.6	0.9	0.9	0.9	0.7	1.1	1.1	(3.2)	(3.9)	3.7	2.3
Asset retirement obligations settled	(6.9)	(3.2)	(8.4)	(0.1)	(0.7)	(4.0)	(30.3)	(18.0)	(3.6)	(35.0)	(29.4)
Change in non-cash working capital	(42.9)	47.6	7.9	(12.5)	(15.6)	(24.0)	34.3	8.0	8.7	(17.9)	15.9
Cash from (used in) operating activities	97.0	112.1	81.3	53.2	11.4	(14.2)	30.5	70.5	48.6	80.9	255.7
Change in non-cash working capital	42.9	(47.6)	(7.9)	12.5	15.6	24.0	(34.3)	(8.0)	(8.7)	17.9	(15.9)
Geological and geophysical expenses	1.6	1.8	1.6	2.1	1.7	1.9	2.6	3.5	2.5	8.5	11.0
Asset retirement obligations settled	6.9	3.2	8.4	0.1	0.7	4.0	30.3	18.0	3.6	35.0	29.4
Closure program expenditures	_	-	_	-	-	-	_	4.7	4.9	-	14.0
Provisions and other	-	16.5	7.5	_	0.1	0.3	4.4	2.5	-	4.7	2.5
Transaction and reorganization costs	-		_	_		3.0	_	2.3	_	3.0	2.3
Adjusted funds flow	148.4	86.0	90.9	67.9	29.5	19.0	33.5	93.5	50.9	150.0	299.0

(Amounts stated in \$ millions, except as noted)

	2021			2020				2019		Annual	
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
SUMMARY BALANCE SHEET											
Assets											
Current assets	158.1	172.2	136.0	114.9	102.7	110.8	127.2	141.7	145.1	114.9	141.7
Risk management – long-term	0.5	-	-	-	-	8.0	-	-	4.4	-	-
Lease receivable	1.0	1.6	2.1	2.8	3.4	4.0	4.7	4.8	5.4	2.8	4.8
Dissent payment entitlement	_	-	89.3	89.3	89.3	-	-	-	-	89.3	-
Investment in securities	302.9	228.3	129.9	59.5	30.9	124.8	38.0	156.9	155.8	59.5	156.9
Exploration and evaluation	544.6	555.9	563.2	612.1	626.9	633.3	642.5	650.4	718.8	612.1	650.4
Property, plant and equipment, net	2,283.9	2,007.6	1,988.6	1,959.6	1,593.4	1,615.5	1,633.6	1,914.1	2,076.3	1,959.6	1,914.1
Deferred income tax	591.9	690.1	674.0	658.8	595.4	577.3	563.5	663.5	665.3	658.8	663.5
Total assets	3,882.9	3,655.6	3,583.1	3,497.0	3,041.9	3,066.4	3,009.5	3,531.3	3,771.1	3,497.0	3,531.3
Liabilities and shareholders' equity											
Current liabilities	330.1	371.6	298.4	217.3	173.5	182.1	238.1	246.9	209.9	217.3	246.9
Long-term debt	522.4	608.4	712.7	813.5	792.7	754.9	651.5	632.3	720.9	813.5	632.3
Risk management – long-term	6.4	8.7	10.4	19.4	23.1	24.1	22.8	6.3	12.5	19.4	6.3
Asset retirement obligation and other – long-term	612.9	612.4	526.6	409.0	347.2	382.1	380.7	562.7	757.0	409.0	562.7
Shareholders' equity	2,411.1	2,054.5	2,035.0	2,037.8	1,705.4	1,723.1	1,716.4	2,083.2	2,070.8	2,037.8	2,083.2
Total liabilities and shareholders' equity	3,882.9	3,655.6	3,583.1	3,497.0	3,041.9	3,066.4	3,009.5	3,531.3	3,771.1	3,497.0	3,531.3
NET DEBT CALCULATION (3)											
Cash and cash equivalents	(1.4)	(2.0)	(7.4)	(4.6)	(1.1)	(1.6)	(5.7)	(6.0)	(11.1)	(4.6)	(6.0)
Accounts receivable	(140.1)	(105.6)	(117.7)	(97.7)	(74.6)	(78.0)	(68.5)	(116.6)	(91.9)	(97.7)	(116.6)
Prepaid expenses	(13.8)	(8.9)	(8.0)	(9.9)	(14.4)	(8.4)	(9.5)	(11.0)	(16.4)	(9.9)	(11.0)
Accounts payable and accrued liabilities	209.7	232.6	182.1	152.8	133.9	143.8	204.1	204.8	176.4	152.8	204.8
Adjusted working capital deficit (9)	54.4	116.1	49.0	40.6	43.8	55.8	120.4	71.2	57.0	40.6	71.2
Long-term debt	522.4	608.4	712.7	813.5	792.7	754.9	651.5	632.3	720.9	813.5	632.3
Net debt	576.8	724.5	761.7	854.1	836.5	810.7	771.9	703.5	777.9	854.1	703.5

### RESERVES (10)

#### Reserves

Natural gas (Bcf) NGLs (MBbl) Crude Oil (MBbl)

Total (MBoe)

Future Net Revenue NPV<sub>10</sub>

- 1								
	Pro	ved	Proved plus					
			Probable					
	2020	2019	2020	2019				
	1,014.4	1,059.5	1,994.3	1,993.8				
	126,080	141,238	258,217	264,917				
	16,176	16,997	41,431	34,875				
	311,317	334,817	632,025	632,097				
	1,875	2,427	3,649	4,478				

(Amounts stated in \$ millions, except as noted)

- (1) Some rows and columns may not add due to rounding.
- (2) Certain comparative figures have been reclassified to conform with the current presentation.
- (3) Readers are referred to the Product Type Information section and the Non-GAAP Financial Measures section of this document.
- (4) Common Shares and weighted average shares outstanding are presented net of shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan that reduced the Common Shares and the end of the following periods were (thousands): Q3 2021: 1,536, Q2 2021: 1,538, Q1 2021: 1,914, Q4 2020: 1,914, Q3 2020: 414, Q2 2020: 414, Q1 2020: 852, Q4 2019: 860 and Q3 2019: 860.
- (5) Total capital expenditures for 2019 includes capital spending related to the Karr 6-18 natural gas facility prior to its sale.
- (6) Includes transfers between regions.
- (7) Other NGLs means ethane, propane and butane.
- (8) Includes downstream natural gas, NGLs and oil transportation costs and NGLs fractionation costs.
- (9) Adjusted working capital excludes risk management assets and liabilities, current accounts receivable amounts relating to subleases, assets and liabilities classified as held for sale and the current portion of asset retirement obligations and other.
- (10) Reserves evaluated by McDaniel & Associates Consultants Ltd. ("McDaniel") as of December 31, 2020 and December 31, 2019 in accordance with National Instrument 51-101 definitions, standards and procedures. Reserves are gross reserves representing working interest before royalties. Net present values of future net revenue were determined using forecast prices and costs and do not represent fair market value. Readers should refer to the Company's annual information forms for the year ended December 31, 2020 and December 31, 2019 which are available on SEDAR at www.sedar.com or on the Company's website at www.paramountres.com, for a complete description of the McDaniel reports and the material assumptions, limitations and risk factors pertaining thereto.

#### **Product Type Information**

This document refers to sales volumes of "natural gas", "condensate and oil", "NGLs", "Other NGLs" and "Liquids". "Natural gas" refers to conventional natural gas and shale gas combined. "Condensate and oil" refers to condensate, light and medium crude oil and tight oil combined. "NGLs" refers to condensate and Other NGLs combined. "Other NGLs" refers to ethane, propane and butane combined. "Liquids" refers to condensate and oil and Other NGLs combined. Below is a complete breakdown of sales volumes for applicable periods by the specific product types of shale gas, conventional natural gas, NGLs, tight oil and light and medium crude oil. Numbers may not add due to rounding.

		2021			20	)20		20	119	Annual	
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
SALES VOLUMES - BY PRODUCT TYPE											
Shale gas (MMcf/d)	207.1	205.8	197.8	170.7	141.0	156.0	158.9	176.6	159.3	156.7	166.0
Conventional natural gas (MMcf/d)	62.6	67.3	75.3	85.6	83.0	97.2	102.6	122.4	137.3	92.0	137.3
Natural gas (MMcf/d)	269.7	273.1	273.1	256.3	224.0	253.2	261.5	299.0	296.6	248.7	303.3
Condensate (Bbl/d)	29,670	26,784	27,017	22,782	17,020	19,615	17,908	23,956	20,230	19,334	19,746
Other NGLs (Bbl/d)	5,017	4,938	5,170	4,987	3,952	3,817	4,539	7,064	6,851	4,325	6,767
NGLs (Bbl/d)	34,687	31,722	32,187	27,769	20,972	23,432	22,447	31,020	27,081	23,659	26,513
Tight oil (Bbl/d)	475	494	479	437	457	381	575	745	523	462	631
Light and Medium crude oil (Bbl/d)	2,032	2,265	2,358	2,533	2,305	2,827	3,416	3,815	4,008	2,768	4,703
Crude oil (Bbl/d)	2,507	2,759	2,837	2,970	2,762	3,208	3,991	4,560	4,531	3,230	5,334
Total (Boe/d)	82,150	79,995	80,540	73,460	61,064	68,839	70,022	85,411	81,046	68,340	82,394
	•										
SALES VOLUMES – BY REGION BY PF	RODUCT T	YPE									
GRANDE PRAIRIE REGION											
Shale gas (MMcf/d)	145.8	132.2	120.6	92.7	66.0	76.8	73.1	91.5	70.5	77.2	78.0
Conventional natural gas (MMcf/d)	2.2	2.1	2.0	1.6	1.3	1.5	1.5	1.9	1.6	1.4	1.5
Natural gas (MMcf/d)	148.0	134.3	122.6	94.3	67.3	78.3	74.6	93.4	72.1	78.6	79.5
Condensate (Bbl/d)	26,639	24,086	23,974	19,635	13,959	16,292	14,058	18,760	14,269	15,991	13,920
Other NGLs (Bbl/d)	3,274	2,874	2,984	2,429	2,060	1,680	1,680	2,376	1,587	1,964	1,814
NGLs (Bbl/d)	29,913	26,960	26,958	22,064	16,019	17,972	15,738	21,136	15,856	17,955	15,734
Tight oil (Bbl/d)	_	-	_	-	-	-	_	-	_	-	-
Light and medium crude oil (Bbl/d)	9	4	_	-	1	17	39	91	61	14	53
Crude oil (Bbl/d)	9	4	-	-	1	17	39	91	61	14	53
Total (Boe/d)	54,586	49,345	47,385	37,782	27,237	31,039	28,214	36,789	27,927	31,076	29,040

(Amounts stated in \$ millions, except as noted)

		2021			20	)20		20	119	Annual	
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2020	2019
KAYBOB REGION											
Shale gas (MMcf/d)	36.9	39.3	42.1	41.9	40.4	44.4	48.6	48.3	52.4	43.8	50.3
Conventional natural gas (MMcf/d)	54.4	58.0	65.8	76.3	73.4	87.1	91.6	89.1	91.8	82.1	95.9
Natural gas (MMcf/d)	91.3	97.3	107.9	118.2	113.8	131.5	140.2	137.4	144.2	125.9	146.2
Condensate (Bbl/d)	2,072	2,319	2,611	2,631	2,577	2,954	3,385	3,899	4,411	2,885	4,361
Other NGLs (Bbl/d)	1,415	1,569	1,677	1,953	1,363	1,718	2,218	2,504	2,450	1,812	2,476
NGLs (Bbl/d)	3,487	3,888	4,288	4,584	3,940	4,672	5,603	6,403	6,861	4,697	6,837
Tight oil (Bbl/d)	368	354	342	299	308	203	394	541	329	301	360
Light and medium crude oil (Bbl/d)	1,979	2,224	2,321	2,480	2,257	2,762	3,343	3,331	3,391	2,709	3,929
Crude oil (Bbl/d)	2,347	2,578	2,663	2,779	2,565	2,965	3,737	3,872	3,720	3,010	4,289
Total (Boe/d)	21,054	22,688	24,938	27,056	25,477	29,561	32,700	33,167	34,615	28,685	35,500
CENTRAL ALBERTA & OTHER REGIO	ON										
Shale gas (MMcf/d)	24.4	34.3	35.1	36.1	34.6	34.8	37.1	36.8	36.4	35.7	37.7
Conventional natural gas (MMcf/d)	6.0	7.2	7.5	7.7	8.3	8.6	9.6	31.4	43.9	8.5	39.9
Natural gas (MMcf/d)	30.4	41.5	42.6	43.8	42.9	43.4	46.7	68.2	80.3	44.2	77.6
Condensate (Bbl/d)	959	379	433	515	484	369	465	1,298	1,551	458	1,464
Other NGLs (Bbl/d)	328	495	509	605	529	419	641	2,184	2,814	549	2,477
NGLs (Bbl/d)	1,287	874	942	1,120	1,013	788	1,106	3,482	4,365	1,007	3,941
Tight oil (Bbl/d)	107	140	136	138	149	178	180	203	194	161	271
Light and Medium crude oil (Bbl/d)	44	37	37	54	47	48	33	393	556	46	721
Crude oil (Bbl/d)	151	177	173	192	196	226	213	596	750	207	992
Total (Boe/d)	6,510	7,962	8,217	8,622	8,350	8,239	9,108	15,455	18,504	8,579	17,854

#### Non-GAAP Financial Measures

In this document, "Adjusted funds flow", "Net debt", "Total capital expenditures", "Netback" and "Adjusted working capital", collectively the "Non-GAAP Financial Measures", are used and do not have any standardized meanings as prescribed by IFRS.

"Net debt" is a measure of the Company's overall debt position after adjusting for certain working capital and other amounts and is used by management to assess the Company's overall leverage position. Refer to the Net Debt calculation section of this document for the calculation of "Net debt" and "Adjusted working capital".

"Total capital expenditures" refers to the Company's property, plant and equipment and exploration expenditures. Refer to the Summary Financial Results section of this document for the calculation thereof.

"Netback" equals petroleum and natural gas sales less royalties, operating expense and transportation and NGLs processing costs. Netback is commonly used by management and investors to compare the results of the Company's oil and gas operations between periods. Refer to the Netback section of this document for the calculation thereof.

"Adjusted funds flow" refers to cash from (used in) operating activities before net changes in non-cash working capital, geological and geophysical expenses, asset retirement obligation settlements, closure program expenditures, provisions and other, dispute settlements and transaction and reorganization costs. Adjusted funds flow is used to assist management and investors in measuring the Company's ability to fund capital programs and meet financial obligations, including the settlement of asset retirement obligations. Asset retirement obligation settlements are excluded from the calculation of adjusted funds flow because such expenditures are not directly linked to the revenue generating activities of the Company. Paramount manages the timing of expenditures related to asset retirement obligation settlements in accordance with regulatory requirements and its overall approach to managing its asset retirement obligations and, as a result, amounts incurred may vary significantly from period to period. Adjusted funds flow is not intended to represent cash from operating activities, net loss or any other GAAP measure and should not be construed as being an alternative to, or more meaningful than, cash flow from (used in) operating activities as determined in accordance with IFRS. Refer to the Cash From Operating Activities / Adjusted Funds Flow section of this document for the calculation thereof.

The Non-GAAP Financial Measures should not be considered in isolation or construed as alternatives to their most directly comparable measure calculated in accordance with GAAP, or other measures of financial performance calculated in accordance with GAAP. The Non-GAAP Financial Measures are unlikely to be comparable to similar measures presented by other issuers.

(Amounts stated in \$ millions, except as noted)

#### Advisory

This document summarizes certain historical financial and operational information of the Company for the ease of reference of readers. This document should be read in conjunction with the Company's annual information form, financial statements and management's discussion and analysis for each of the periods referenced. These documents, which contain important additional information and disclosure necessary to understand the summary information provided herein, are available on SEDAR at www.sedar.com and on the Company's website at www.paramountres.com.

#### Oil and Gas Measures and Definitions

The term "liquids" includes oil, condensate and Other NGLs (ethane, propane and butane). NGLs consist of condensate and Other NGLs.

#### Abbreviations

Liquids		Natural Gas	
Bbl	Barrels	Mcf	Thousands of cubic feet
Bbl/d	Barrels per day	MMcf/d	Millions of cubic feet per day
NGLs	Natural gas liquids	GJ	Gigajoule
Condensate	Pentane and heavier hydrocarbons	GJ/d	Gigajoule per day
WTI	West Texas Intermediate	MMbtu	Millions of British thermal units
		MMbtu/d	Millions of British thermal units per day
Oil Equivalen	t	NYMEX	New York Mercantile Exchange
Boe	Barrels of oil equivalent	AECO	AECO-C reference price
Boe/d	Barrels of oil equivalent per day		

This document contains disclosures expressed as "Boe", "\$/Boe" and "Boe/d". Natural gas equivalency volumes have been derived using the ratio of six thousand cubic feet of natural gas to one barrel of oil when converting natural gas to Boe. Equivalency measures may be misleading, particularly if used in isolation. A conversion ratio of six thousand cubic feet of natural gas to one barrel of oil is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the well head. For the nine months ended September 30, 2021, the value ratio between crude oil and natural gas was approximately 26:1. This value ratio is significantly different from the energy equivalency ratio of 6:1. Using a 6:1 ratio would be misleading as an indication of value.

Additional information respecting the Company's oil and gas properties and operations is provided in the Company's annual information form for the year ended December 31, 2020 which is available on SEDAR at www.sedar.com.