

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

SUMMARY FINANCIAL RESULTS

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
Petroleum and natural gas sales	597.7	618.9	536.2	499.6	434.5	369.2	299.8	280.1	2,252.4	1,383.6	626.7
Net income (loss)	259.9	221.9	182.2	16.6	101.0	292.7	(74.3)	(82.5)	680.6	236.9	(22.7)
Per share – diluted (\$/share)	1.76	1.51	1.24	0.11	0.70	2.06	(0.56)	(0.62)	4.63	1.67	(0.17)
Cash from operating activities	306.9	248.9	318.9	174.9	191.8	97.0	112.1	81.3	1,049.6	482.1	80.9
Per share – diluted (\$/share) ⁽⁴⁾	2.08	1.69	2.16	1.20	1.33	0.68	0.84	0.61	7.14	3.39	0.61
Adjusted funds flow ⁽⁴⁾	340.7	334.3	258.3	237.8	174.6	148.4	86.0	90.9	1,171.0	499.8	150.0
Per share – diluted (\$/share) ⁽⁴⁾	2.31	2.27	1.75	1.63	1.21	1.04	0.65	0.69	7.97	3.51	1.12
Free cash flow ⁽⁴⁾	162.0	137.5	68.3	103.4	99.0	73.8	(2.4)	21.6	471.1	191.8	(113.7)
Per share – diluted (\$/share) ⁽⁴⁾	1.10	0.93	0.46	0.71	0.69	0.52	(0.02)	0.16	3.20	1.36	(0.85)
Total assets	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	3,655.6	3,583.1	4,337.3	3,885.1	3,497.0
Investments in securities	557.1	451.3	468.8	479.2	372.1	302.9	228.2	129.9	557.1	372.1	59.5
Long-term debt	159.4	306.3	227.7	302.6	386.3	522.4	608.4	712.7	159.4	386.3	813.5
Net debt ⁽⁴⁾	161.2	347.0	374.0	361.2	456.7	576.8	724.5	761.7	161.2	456.7	854.1
Total liabilities	959.2	1,201.2	1,186.3	1,343.3	1,278.7	1,471.8	1,601.1	1,548.1	959.2	1,278.7	1,459.2
Common shares outstanding (millions) ⁽⁵⁾	142.0	141.2	141.2	140.0	139.2	133.2	133.3	132.8	142.0	139.2	132.3
Wtd. avg shares – diluted (millions) ⁽⁵⁾	147.5	146.9	147.4	145.8	144.1	142.7	132.9	132.5	147.0	142.8	133.3
Capital expenditures by region											
Grande Prairie	135.8	133.5	107.2	76.8	57.7	53.1	66.5	51.3	453.3	228.6	196.9
Kaybob	11.4	30.8	57.9	31.1	3.8	1.7	3.9	5.0	131.2	14.5	16.4
Central Alberta and Other	1.0	0.2	0.8	0.1	2.6	9.7	11.8	1.3	2.1	25.2	4.6
Fox Drilling and Cavalier Energy	12.1	10.8	3.7	1.1	1.0	1.9	1.1	1.0	27.7	5.0	1.6
Corporate	9.3	9.0	14.5	7.9	0.6	(0.3)	0.1	0.7	40.7	1.3	0.7
Capital expenditures	169.6	184.3	184.1	117.0	65.7	66.1	83.4	59.3	655.0	274.6	220.2
Land and property acquisitions	13.3	65.5	37.8	29.2	2.6	2.8	0.1	–	145.8	5.4	0.6
SALES VOLUMES											
Natural gas (MMcf/d)	321.9	315.9	267.2	272.9	284.8	269.7	273.1	273.1	294.7	275.2	248.7
Condensate and oil (Bbl/d)	37,580	38,804	27,750	31,375	32,342	32,177	29,543	29,854	33,908	30,989	22,565
Other NGLs (Bbl/d) ⁽⁶⁾	6,143	6,144	5,021	5,276	5,462	5,017	4,938	5,170	5,650	5,147	4,325
Total (Boe/d)	97,370	97,601	77,312	82,137	85,265	82,150	79,995	80,540	88,672	82,001	68,340
% Liquids	45%	46%	42%	45%	44%	45%	43%	43%	45%	44%	39%
Sales volumes by region (Boe/d)											
Grande Prairie	64,434	65,981	48,736	54,737	56,035	54,586	49,345	47,385	58,519	51,869	31,076
Kaybob	24,477	24,021	21,642	20,726	21,725	21,054	22,688	24,938	22,730	22,588	28,685
Central Alberta and Other	8,459	7,599	6,934	6,674	7,505	6,510	7,962	8,217	7,423	7,544	8,579
Total	97,370	97,601	77,312	82,137	85,265	82,150	79,995	80,540	88,672	82,001	68,340
PARAMOUNT REALIZED PRICES											
Natural gas (\$/Mcf)	6.56	6.39	6.75	5.18	4.76	3.89	3.01	3.14	6.24	3.72	2.25
Condensate and oil (\$/Bbl)	108.50	112.56	134.65	117.53	94.46	84.42	77.96	69.20	117.07	81.91	46.47
Other NGLs (\$/Bbl) ⁽⁶⁾	48.25	51.20	62.80	61.64	54.61	47.05	32.11	32.29	55.37	41.84	15.63
Petroleum & natural gas sales (\$/Boe)	66.72	68.92	76.22	67.59	55.40	48.86	41.18	38.64	69.60	46.23	25.05

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

COMMODITY PRICES - BENCHMARKS

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
Natural gas											
AECO daily spot (\$/GJ)	4.85	3.95	6.86	4.49	4.41	3.41	2.93	2.99	5.04	3.44	2.11
AECO monthly index (\$/GJ)	5.29	5.50	5.95	4.35	4.68	3.36	2.70	2.77	5.27	3.38	2.12
Dawn (\$/MMBtu)	7.14	9.61	9.28	5.63	5.86	5.18	3.43	3.72	7.92	4.55	2.51
NYMEX (US\$/MMBtu)	6.09	7.91	7.49	4.57	4.85	4.32	2.97	2.73	6.51	3.72	2.13
Malin – daily index (US\$/MMBtu)	14.36	7.51	7.06	4.60	5.36	4.37	2.87	3.18	8.38	3.94	2.05
Condensate and oil											
Edmonton light sweet (\$/Bbl)	108.15	116.77	136.34	117.66	92.14	84.18	76.29	68.62	119.73	80.31	45.39
Edmonton condensate (\$/Bbl)	115.50	115.27	132.11	122.24	100.17	89.24	79.54	74.59	121.28	85.88	49.85
West Texas Intermediate (US\$/Bbl)	82.64	91.56	108.41	94.29	77.19	70.56	66.03	57.84	94.23	67.91	39.40
Other NGLs											
Conway – propane (\$/Bbl)	46.45	58.39	65.27	68.42	65.95	61.80	42.96	48.77	59.63	54.87	24.83
Belvieu – butane (\$/Bbl)	55.77	63.73	80.62	84.46	78.18	70.48	48.32	50.35	71.06	61.83	30.48
NETBACK ⁽³⁾⁽⁴⁾											
Netback (\$/Boe)											
Petroleum and natural gas sales											
Royalties	(9.43)	(9.96)	(12.11)	(10.31)	(6.69)	(4.09)	(3.43)	(2.57)	(10.36)	(4.24)	(1.25)
Operating expense	(13.31)	(12.25)	(12.61)	(12.07)	(11.61)	(11.02)	(11.23)	(11.63)	(12.58)	(11.37)	(11.88)
Transportation and NGLs processing ⁽⁷⁾	(3.03)	(3.83)	(4.37)	(4.24)	(3.33)	(4.01)	(4.16)	(3.84)	(3.82)	(3.83)	(4.05)
Sales of commodities purchased	11.47	8.67	6.06	6.59	2.82	4.14	1.85	1.18	8.41	2.52	2.10
Commodities purchased	(11.21)	(8.51)	(5.84)	(6.64)	(2.85)	(4.16)	(1.86)	(1.21)	(8.25)	(2.54)	(2.12)
Netback	41.21	43.04	47.35	40.92	33.74	29.72	22.35	20.57	43.00	26.77	7.85
Risk management contract settlements	(2.57)	(4.94)	(8.79)	(6.72)	(9.23)	(7.81)	(7.44)	(4.51)	(5.53)	(7.29)	1.50
Netback including risk management contract settlements	38.64	38.10	38.56	34.20	24.51	21.91	14.91	16.06	37.47	19.48	9.35
Royalty rate ⁽⁴⁾	14.1%	14.5%	16.0%	15.6%	12.1%	8.4%	8.3%	6.7%	15.0%	9.2%	5.1%
Netback											
Natural gas revenue ⁽⁸⁾	194.2	185.7	164.0	127.1	124.7	96.5	74.8	77.3	671.1	373.3	204.9
Condensate and oil revenue	375.1	401.8	340.0	331.9	281.1	249.9	209.6	185.9	1,448.9	926.5	383.8
Other NGLs revenue ⁽⁶⁾	27.3	28.9	28.7	29.3	27.4	21.7	14.4	15.0	114.2	78.6	24.7
Royalty and other revenue	1.1	2.5	3.5	11.3	1.3	1.1	1.0	1.9	18.2	5.2	13.3
Petroleum and natural gas sales	597.7	618.9	536.2	499.6	434.5	369.2	299.8	280.1	2,252.4	1,383.6	626.7
Royalties	(84.4)	(89.4)	(85.2)	(76.2)	(52.5)	(30.9)	(24.9)	(18.6)	(335.3)	(127.0)	(31.3)
Operating expense	(119.2)	(110.0)	(88.7)	(89.2)	(91.0)	(83.3)	(81.8)	(84.3)	(407.1)	(340.4)	(297.1)
Transportation and NGLs processing ⁽⁷⁾	(27.2)	(34.4)	(30.8)	(31.3)	(26.1)	(30.3)	(30.3)	(27.9)	(123.7)	(114.5)	(101.3)
Sales of commodities purchased	102.7	77.9	42.7	48.8	22.1	31.3	13.5	8.6	272.0	75.5	52.4
Commodities purchased	(100.4)	(76.4)	(41.1)	(49.1)	(22.3)	(31.4)	(13.6)	(8.8)	(267.0)	(76.1)	(53.1)
Netback	369.2	386.6	333.1	302.6	264.7	224.6	162.7	149.1	1,391.3	801.1	196.3
Risk management contract settlements	(23.0)	(44.4)	(61.9)	(49.7)	(72.4)	(59.0)	(54.1)	(32.7)	(179.0)	(218.3)	37.6
Netback including risk management contract settlements	346.2	342.2	271.2	252.9	192.3	165.6	108.6	116.4	1,212.3	582.8	233.9

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

SUMMARY INCOME STATEMENT

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
Revenue	616.0	607.4	493.7	472.2	404.1	369.6	288.4	270.1	2,189.1	1,332.1	647.8
Gain (loss) on risk management contracts	8.1	2.4	(41.3)	(152.0)	14.1	(47.0)	(75.7)	(81.2)	(182.7)	(189.8)	8.9
	624.1	609.8	452.4	320.2	418.2	322.6	212.7	188.9	2,006.4	1,142.3	656.7
Operating expense	119.2	110.0	88.7	89.2	91.0	83.3	81.8	84.3	407.1	340.4	297.1
Transportation and NGLs processing	27.2	34.4	30.8	31.3	26.1	30.3	30.3	27.9	123.7	114.5	101.3
Commodities purchased	100.4	76.4	41.1	49.1	22.3	31.4	13.6	8.8	267.0	76.1	53.1
General and administrative	13.6	9.7	10.2	9.3	11.9	10.4	10.6	8.7	42.7	41.6	32.9
Share-based compensation	13.1	3.2	1.5	7.5	7.7	3.0	2.1	6.0	25.3	18.8	13.0
Depletion, depreciation and impairment (reversals)	95.2	88.0	23.5	79.3	100.4	(209.8)	99.9	142.6	286.0	133.1	20.8
Exploration and evaluation	4.7	3.0	6.9	16.0	9.2	6.7	2.1	20.9	30.6	38.9	34.0
(Gain) loss on sale of oil and gas assets	(63.7)	(0.4)	0.2	(1.7)	–	(32.3)	1.6	(41.4)	(65.6)	(72.1)	8.7
Interest and financing	(2.2)	3.3	0.6	4.7	9.0	8.7	12.6	16.7	6.4	47.1	53.7
Accretion of asset retirement obligations	11.6	11.4	11.1	10.8	10.5	10.6	10.8	10.8	44.9	42.6	43.4
Transaction and reorganization costs	–	–	–	–	–	–	–	–	–	–	3.0
Settlement of dissent payment entitlement	–	–	–	–	–	–	22.6	–	–	22.6	–
Other	(23.4)	(5.0)	0.1	0.8	(7.5)	(1.5)	17.0	8.2	(27.5)	16.2	8.2
Expenses	295.7	334.0	214.7	296.3	280.6	(59.2)	305.0	293.5	1,140.6	819.8	669.2
Income (loss) before tax	328.4	275.8	237.7	23.9	137.6	381.8	(92.3)	(104.6)	865.8	322.5	(12.5)
Deferred income tax expense (recovery)	68.5	53.9	55.5	7.3	36.6	89.1	(18.0)	(22.1)	185.2	85.6	10.2
Net income (loss)	259.9	221.9	182.2	16.6	101.0	292.7	(74.3)	(82.5)	680.6	236.9	(22.7)

CASH FROM OPERATING ACTIVITIES / ADJUSTED FUNDS FLOW ⁽⁴⁾

Net income (loss)	259.9	221.9	182.2	16.6	101.0	292.7	(74.3)	(82.5)	680.6	236.9	(22.7)
Risk management contracts	(31.1)	(46.8)	(20.6)	102.3	(86.5)	(12.0)	21.6	48.5	3.7	(28.5)	28.7
Share-based compensation	13.1	3.2	1.5	7.5	7.7	3.0	2.1	6.0	25.3	18.8	13.0
Depletion, depreciation and impairment (reversals)	95.2	88.0	23.5	79.3	100.4	(209.8)	99.9	142.6	286.0	133.1	20.8
Exploration and evaluation	2.6	0.7	5.0	13.4	6.3	5.1	0.3	19.1	21.8	30.9	25.5
(Gain) loss on sale of oil and gas assets	(63.7)	(0.4)	0.2	(1.7)	–	(32.3)	1.6	(41.4)	(65.6)	(72.1)	8.7
Accretion of asset retirement obligations	11.6	11.4	11.1	10.8	10.5	10.6	10.8	10.8	44.9	42.6	43.4
Settlement of on dissent payment entitlement	–	–	–	–	–	–	22.6	–	–	22.6	–
Change in fair value of securities - warrants	–	–	–	–	–	–	–	–	–	–	1.7
Deferred income tax	68.5	53.9	55.5	7.3	36.6	89.1	(18.0)	(22.1)	185.2	85.6	10.2
Other	6.5	(0.3)	(3.6)	(0.3)	2.7	0.4	1.1	0.9	2.2	4.9	4.5
Asset retirement obligations settled	(7.0)	(10.2)	(4.0)	(14.8)	(7.0)	(6.9)	(3.2)	(8.4)	(36.1)	(25.4)	(35.0)
Change in non-cash working capital	(48.7)	(72.5)	68.1	(45.5)	20.1	(42.9)	47.6	7.9	(98.4)	32.7	(17.9)
Cash from operating activities	306.9	248.9	318.9	174.9	191.8	97.0	112.1	81.3	1,049.6	482.1	80.9
Change in non-cash working capital	48.7	72.5	(68.1)	45.5	(20.1)	42.9	(47.6)	(7.9)	98.4	(32.7)	17.9
Geological and geophysical expense	2.1	2.3	1.9	2.6	2.9	1.6	1.8	1.6	8.8	8.0	8.5
Asset retirement obligations settled	7.0	10.2	4.0	14.8	7.0	6.9	3.2	8.4	36.1	25.4	35.0
Provisions	(24.0)	0.4	1.6	–	–	–	16.5	7.5	(21.9)	24.0	4.7
Settlements	–	–	–	–	(7.0)	–	–	–	–	(7.0)	–
Transaction and reorganization costs	–	–	–	–	–	–	–	–	–	–	3.0
Adjusted funds flow	340.7	334.3	258.3	237.8	174.6	148.4	86.0	90.9	1,171.0	499.8	150.0

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

FREE CASH FLOW ⁽⁴⁾

Adjusted funds flow

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
Adjusted funds flow	340.7	334.3	258.3	237.8	174.6	148.4	86.0	90.9	1,171.0	499.8	150.0
Capital expenditures	(169.6)	(184.3)	(184.1)	(117.0)	(65.7)	(66.1)	(83.4)	(59.3)	(655.0)	(274.6)	(220.2)
Geological and geophysical expense	(2.1)	(2.3)	(1.9)	(2.6)	(2.9)	(1.6)	(1.8)	(1.6)	(8.8)	(8.0)	(8.5)
Asset retirement obligations settled	(7.0)	(10.2)	(4.0)	(14.8)	(7.0)	(6.9)	(3.2)	(8.4)	(36.1)	(25.4)	(35.0)
Free cash flow	162.0	137.5	68.3	103.4	99.0	73.8	(2.4)	21.6	471.1	191.8	(113.7)

SUMMARY BALANCE SHEET

Assets

Current assets	506.2	250.5	166.5	221.7	156.7	158.1	172.2	136.0	506.2	156.7	114.9
Risk management – long-term	2.9	8.5	7.6	4.3	0.7	0.5	–	–	2.9	0.7	–
Lease receivable	–	–	–	–	0.5	1.0	1.6	2.1	–	0.5	2.8
Dissent payment entitlement	–	–	–	–	–	–	–	89.3	–	–	89.3
Investment in securities	557.1	451.3	468.8	479.2	372.1	302.9	228.2	129.9	557.1	372.1	59.5
Exploration and evaluation	485.7	529.1	529.6	534.0	539.9	544.6	555.9	563.2	485.7	539.9	612.1
Property, plant and equipment, net	2,456.3	2,612.3	2,441.6	2,338.5	2,269.7	2,283.9	2,007.6	1,988.6	2,456.3	2,269.7	1,959.6
Deferred income tax	329.1	409.6	462.1	517.8	545.5	591.9	690.1	674.0	329.1	545.5	658.8
Total assets	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	3,655.6	3,583.1	4,337.3	3,885.1	3,497.0

Liabilities and shareholders' equity

Current liabilities	282.4	342.8	417.6	404.3	256.0	330.1	371.6	298.4	282.4	256.0	217.3
Long-term debt	159.4	306.3	227.7	302.6	386.3	522.4	608.4	712.7	159.4	386.3	813.5
Risk management – long-term	–	–	–	–	3.1	6.4	8.7	10.4	–	3.1	19.4
Asset retirement obligation and other – long-term	517.4	552.1	541.0	636.4	633.3	612.9	612.4	526.6	517.4	633.3	409.0
Shareholders' equity	3,378.1	3,060.1	2,889.9	2,752.2	2,606.4	2,411.1	2,054.5	2,035.0	3,378.1	2,606.4	2,037.8
Total liabilities and shareholders' equity	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	3,655.6	3,583.1	4,337.3	3,885.1	3,497.0

NET DEBT CALCULATION ⁽⁴⁾

Cash and cash equivalents	(2.5)	(2.2)	(1.2)	(1.5)	(1.7)	(1.4)	(2.0)	(7.4)	(2.5)	(1.7)	(4.6)
Accounts receivable	(216.5)	(219.0)	(147.9)	(207.8)	(139.7)	(140.1)	(105.6)	(117.7)	(216.5)	(139.7)	(97.7)
Prepaid expenses	(9.1)	(13.8)	(11.5)	(8.4)	(7.3)	(13.8)	(8.9)	(8.0)	(9.1)	(7.3)	(9.9)
Accounts payable and accrued liabilities	229.9	275.7	306.9	276.3	219.1	209.7	232.6	182.1	229.9	219.1	152.8
Long-term debt	159.4	306.3	227.7	302.6	386.3	522.4	608.4	712.7	159.4	386.3	813.5
Net debt	161.2	347.0	374.0	361.2	456.7	576.8	724.5	761.7	161.2	456.7	854.1

RESERVES ⁽⁹⁾

Reserves

	Proved			Proved plus Probable		
	2022	2021	2020	2022	2021	2020
Natural gas (Bcf)	1,361.4	1,034.0	1,014.4	2,279.9	2,009.9	1,994.3
NGLs (MBbl)	213,851	146,264	126,080	372,985	296,918	258,217
Crude Oil (MBbl)	3,901	20,881	16,176	5,803	30,561	41,431
Total (MBoe)	444,644	339,476	311,317	758,769	662,469	632,025
Future Net Revenue NPV ₁₀	5,798	3,573	1,875	9,085	6,235	3,649

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

- (1) Some rows and columns may not add due to rounding.
- (2) Certain comparative figures have been reclassified to conform with the current presentation.
- (3) Readers are referred to the Product Type Information section and the Specified Financial Measures section of this document.
- (4) Adjusted funds flow, free cash flow and net debt are capital management measures. Netback and netback including risk management contract settlements are non-GAAP financial measures. Netback and Netback including risk management contract settlements presented on a \$/Boe basis are non-GAAP ratios. Each measure, other than net income, that is presented on a per share – diluted, \$/Mcf, \$/Boe or rate basis is a supplementary financial measure. Refer to the "Specified Financial Measures" section for more information on these measures. Prior period free cash flow results have been reclassified to conform with the current year's presentation.
- (5) Common Shares and weighted average shares outstanding are presented net of shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan that reduced the Common Shares outstanding at the end of the following periods were (Common Shares): Q4 2022: 0.8 million, Q3 2022: 0.8 million, Q2 2022: 0.8 million, Q1 2022: 1.5 million, Q4 2021: 1.5 million, Q3 2021: 1.5 million, Q2 2021: 1.5 million, Q1 2021: 1.9 million.
- (6) Other NGLs means ethane, propane and butane.
- (7) Includes downstream natural gas, NGLs and oil transportation costs and NGLs fractionation costs.
- (8) Natural gas revenue presented as \$/Mcf.
- (9) Reserves evaluated by McDaniel & Associates Consultants Ltd. ("McDaniel") as of December 31, 2022, December 31, 2021 and December 31, 2020 in accordance with National Instrument 51-101 definitions, standards and procedures. Reserves are gross reserves representing working interest before royalties. Net present values of future net revenue were determined using forecast prices and costs and do not represent fair market value. Readers should refer to the Company's annual information forms for the years ended December 31, 2022, December 31, 2021 and December 31, 2020 which are available on SEDAR at www.sedar.com or on the Company's website at www.paramountres.com, for a complete description of the McDaniel reports and the material assumptions, limitations and risk factors pertaining thereto.

Product Type Information

This document refers to sales volumes of "natural gas", "condensate and oil", "NGLs", "Other NGLs" and "Liquids". "Natural gas" refers to conventional natural gas and shale gas combined. "Condensate and oil" refers to condensate, light and medium crude oil and tight oil combined. "NGLs" refers to condensate and Other NGLs combined. "Other NGLs" refers to ethane, propane and butane combined. "Liquids" refers to condensate and oil and Other NGLs combined. Below is a complete breakdown of sales volumes for applicable periods by the specific product types of shale gas, conventional natural gas, NGLs, tight oil and light and medium crude oil. Numbers may not add due to rounding.

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
SALES VOLUMES – TOTAL COMPANY BY PRODUCT TYPE											
Shale gas (MMcf/d)	260.0	253.8	203.7	213.1	220.4	207.1	205.8	197.8	232.9	207.9	156.7
Conventional natural gas (MMcf/d)	61.9	62.1	63.5	59.8	64.4	62.6	67.3	75.3	61.8	67.3	92.0
Natural gas (MMcf/d)	321.9	315.9	267.2	272.9	284.8	269.7	273.1	273.1	294.7	275.2	248.7
Condensate (Bbl/d)	34,616	35,747	25,374	29,064	29,797	29,670	26,784	27,017	31,228	28,328	19,334
Other NGLs (Bbl/d)	6,143	6,144	5,021	5,276	5,462	5,017	4,938	5,170	5,650	5,147	4,325
NGLs (Bbl/d)	40,759	41,891	30,395	34,340	35,259	34,687	31,722	32,187	36,878	33,475	23,659
Tight oil (Bbl/d)	629	449	402	437	497	475	494	479	480	487	462
Light and medium crude oil (Bbl/d)	2,335	2,608	1,974	1,874	2,048	2,032	2,265	2,358	2,200	2,174	2,768
Crude oil (Bbl/d)	2,964	3,057	2,376	2,311	2,545	2,507	2,759	2,837	2,680	2,661	3,230
Total (Boe/d)	97,370	97,601	77,312	82,137	85,265	82,150	79,995	80,540	88,672	82,001	68,340
SALES VOLUMES – BY REGION BY PRODUCT TYPE											
GRANDE PRAIRIE REGION											
Shale gas (MMcf/d)	188.4	188.2	138.8	151.4	156.5	145.8	132.2	120.6	166.9	138.8	77.2
Conventional natural gas (MMcf/d)	1.5	1.4	1.0	1.1	2.4	2.2	2.1	2.0	1.3	2.2	1.4
Natural gas (MMcf/d)	189.9	189.6	139.8	152.5	158.9	148.0	134.3	122.6	168.2	141.0	78.6
Condensate (Bbl/d)	29,146	30,610	22,511	26,042	26,272	26,639	24,086	23,974	27,095	25,253	15,991
Other NGLs (Bbl/d)	3,631	3,758	2,914	3,267	3,276	3,274	2,874	2,984	3,394	3,103	1,964
NGLs (Bbl/d)	32,777	34,368	25,425	29,309	29,548	29,913	26,960	26,958	30,489	28,356	17,955
Light and medium crude oil (Bbl/d)	–	5	5	6	6	9	4	–	4	5	14
Crude oil (Bbl/d)	–	5	5	6	6	9	4	–	4	5	14
Total (Boe/d)	64,434	65,981	48,736	54,737	56,035	54,586	49,345	47,385	58,519	51,869	31,076

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(Amounts stated in \$ millions, except as noted)

	2022				2021				Annual		
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2022	2021	2020
KAYBOB REGION											
Shale gas (MMcf/d)	41.9	38.5	37.9	35.7	35.6	36.9	39.3	42.1	38.5	38.6	43.8
Conventional natural gas (MMcf/d)	55.0	54.8	56.7	53.6	56.8	54.4	58.0	65.8	55.0	58.6	82.1
Natural gas (MMcf/d)	96.9	93.3	94.6	89.3	92.4	91.3	97.3	107.9	93.5	97.2	125.9
Condensate (Bbl/d)	4,354	4,157	2,092	2,130	2,184	2,072	2,319	2,611	3,192	2,295	2,885
Other NGLs (Bbl/d)	1,671	1,666	1,585	1,558	1,788	1,415	1,569	1,677	1,620	1,612	1,812
NGLs (Bbl/d)	6,025	5,823	3,677	3,688	3,972	3,487	3,888	4,288	4,812	3,907	4,697
Tight oil (Bbl/d)	262	208	253	322	355	368	354	342	261	355	301
Light and medium crude oil (Bbl/d)	2,045	2,434	1,946	1,832	2,000	1,979	2,224	2,321	2,066	2,129	2,709
Crude oil (Bbl/d)	2,307	2,642	2,199	2,154	2,355	2,347	2,578	2,663	2,327	2,484	3,010
Total (Boe/d)	24,477	24,021	21,642	20,726	21,725	21,054	22,688	24,938	22,730	22,588	28,685
CENTRAL ALBERTA AND OTHER REGION											
Shale gas (MMcf/d)	29.7	27.1	27.0	26.0	28.2	24.4	34.3	35.1	27.5	30.5	35.7
Conventional natural gas (MMcf/d)	5.4	5.9	5.8	5.1	5.3	6.0	7.2	7.5	5.5	6.5	8.5
Natural gas (MMcf/d)	35.1	33.0	32.8	31.1	33.5	30.4	41.5	42.6	33.0	37.0	44.2
Condensate (Bbl/d)	1,116	980	771	892	1,341	959	379	433	941	781	458
Other NGLs (Bbl/d)	841	720	522	451	398	328	495	509	636	432	549
NGLs (Bbl/d)	1,957	1,700	1,293	1,343	1,739	1,287	874	942	1,577	1,213	1,007
Tight oil (Bbl/d)	367	241	149	115	142	107	140	136	219	131	161
Light and medium crude oil (Bbl/d)	290	169	23	36	42	44	37	37	130	40	46
Crude oil (Bbl/d)	657	410	172	151	184	151	177	173	349	171	207
Total (Boe/d)	8,459	7,599	6,934	6,674	7,505	6,510	7,962	8,217	7,423	7,544	8,579

SPECIFIED FINANCIAL MEASURES

Non-GAAP Financial Measures

Netback and netback including risk management contract settlements are non-GAAP financial measures. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback equals petroleum and natural gas sales (the most directly comparable measure disclosed in the Company's primary financial statements) plus sales of commodities purchased less royalties, operating expense, transportation and NGLs processing expense and commodities purchased. Sales of commodities purchased and commodities purchased are treated as corporate items and not allocated to individual regions or properties. Netback is used by investors and Management to compare the performance of the Company's producing assets between periods.

Netback including risk management contract settlements equals netback after including (or deducting) risk management contract settlements received (paid). Netback including risk management contract settlements is used by investors and Management to assess the performance of the producing assets after incorporating Management's risk management strategies.

Non-GAAP Ratios

Netback and netback including risk management contract settlements presented on a \$/Boe basis are non-GAAP ratios as they each have a non-GAAP financial measure as a component. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback on a \$/Boe basis is calculated by dividing netback (a non-GAAP financial measure) for the applicable period by the total production during the period in Boe. Netback including risk management contract settlements on a \$/Boe basis is calculated by dividing netback including risk management contract settlements for the applicable period by the total production during the period in Boe. These measures are used by investors and management to assess netback and netback including risk management contract settlements on a unit of production basis.

HISTORICAL FINANCIAL & OPERATIONAL INFORMATION – DEC/22 (UNAUDITED) ⁽¹⁾⁽²⁾⁽³⁾

(Amounts stated in \$ millions, except as noted)

Capital Management Measures

Adjusted funds flow, free cash flow and net debt are capital management measures that Paramount utilizes in managing its capital structure. These measures are not standardized measures and therefore may not be comparable with the calculation of similar measures by other entities. Refer to Note 18 – Capital Structure in the Company's audited consolidated financial statements as at and for the year ended December 31, 2022 for a description of the composition and use of these measures. Reconciliations of adjusted funds flow and free cash flow to cash from operating activities, the most directly comparable measure disclosed in the Company's primary financial statements, and calculations of net debt are provided in this document for the applicable periods.

Supplementary Financial Measures

This document contains supplementary financial measures expressed as: (i) cash from operating activities, adjusted funds flow and free cash flow on a per share – diluted basis and (ii) realized prices, petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis and (iii) royalty rate.

Cash from operating activities, adjusted funds flow and free cash flow on a per share – diluted basis are calculated by dividing cash from operating activities, adjusted funds flow or free cash flow, as applicable, over the referenced period by the weighted average diluted shares outstanding during the period determined in accordance under IFRS.

Petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis are calculated by dividing the petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased, as applicable, over the referenced period by the aggregate units (Bbl, Mcf or Boe) produced during such period.

Royalty rate is calculated by dividing royalties by petroleum and natural gas sales less royalty and other revenue.

Advisory

This document summarizes certain historical financial and operational information of the Company for the ease of reference of readers. This document should be read in conjunction with the Company's annual information form, financial statements and management's discussion and analysis for each of the periods referenced. These documents, which contain important additional information and disclosure necessary to understand the summary information provided herein, are available on SEDAR at www.sedar.com and on the Company's website at www.paramountres.com.

Oil and Gas Measures and Definitions

The term "liquids" includes oil, condensate and Other NGLs (ethane, propane and butane). NGLs consist of condensate and Other NGLs.

Abbreviations

Liquids		Natural Gas	
Bbl	Barrels	Mcf	Thousands of cubic feet
Bbl/d	Barrels per day	MMcf/d	Millions of cubic feet per day
NGLs	Natural gas liquids	GJ	Gigajoules
Condensate	Pentane and heavier hydrocarbons	GJ/d	Gigajoules per day
WTI	West Texas Intermediate	MMBtu	Millions of British Thermal Units
Oil Equivalent		MMBtu/d	Millions of British Thermal Units per day
Boe	Barrels of oil equivalent	NYMEX	New York Mercantile Exchange
Boe/d	Barrels of oil equivalent per day	AECO	AECO-C reference price

This document contains disclosures expressed as "Boe", "\$/Boe", "MBoe", "MMBoe" and "Boe/d". Natural gas equivalency volumes have been derived using the ratio of six thousand cubic feet of natural gas to one barrel of oil when converting natural gas to Boe. Equivalency measures may be misleading, particularly if used in isolation. A conversion ratio of six thousand cubic feet of natural gas to one barrel of oil is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the well head. For the year ended December 31, 2022, the value ratio between crude oil and natural gas was approximately 23:1. This value ratio is significantly different from the energy equivalency ratio of 6:1. Using a 6:1 ratio would be misleading as an indication of value.

Additional information respecting the Company's oil and gas properties and operations is provided in the Company's annual information form for the year ended December 31, 2021 which is available on SEDAR at www.sedar.com.