(Amounts stated in \$ millions, except as noted)

SUMMARY FINANCIAL RESULTS Petroleum and natural gas sales Net income (loss) Per share – diluted (\$/share) Cash from operating activities Per share – diluted (\$/share) (4) Adjusted funds flow (4) Per share – diluted (\$/share) (4) Free cash flow (4) Per share – diluted (\$/share) (4) Total assets
Investments in securities
Long-term debt
Net (cash) debt (4)
Total liabilities
Common shares outstanding (millions) (5) Wtd. avg shares – diluted (millions) (5)
Capital expenditures by region Grande Prairie Kaybob Central Alberta and Other Fox Drilling and Cavalier Energy Corporate Capital expenditures
Land and property acquisitions
SALES VOLUMES Natural gas (MMcf/d) Condensate and oil (Bbl/d) Other NGLs (Bbl/d) (6) Total (Boe/d) % Liquids
Sales volumes by region (Boe/d)

Oranda Desiria

Grande Prairie Kaybob

Central Alberta and Other

Total

PARAMOUNT REALIZED PRICES

Natural gas (\$/Mcf) Condensate and oil (\$/BbI) Other NGLs (\$/BbI) ⁽⁶⁾ Petroleum & natural gas sales (\$/Boe)

	2023		0.1		22)21		nual
Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021
400.0	074.4	400.7	507.7	040.0	500.0	400.0	404.5	000.0	0.050.4	4 000 0
463.8	374.4	489.7	597.7	618.9	536.2	499.6	434.5	369.2	2,252.4	1,383.6
87.2	74.2	197.0	259.9	221.9	182.2	16.6	101.0	292.7	680.6	236.9
0.59	0.50	1.33	1.76 306.9	1.51	1.24	0.11	0.70	2.06	4.63	1.67
207.6 1.40	172.2 1.16	271.4 1.84	2.08	248.9 1.69	318.9 2.16	174.9 <i>1.20</i>	191.8 1.33	97.0 <i>0.68</i>	1,049.6 7.14	482.1 3.39
234.2	178.7	268.2	340.7	334.3	258.3	237.8	174.6	148.4	1,171.0	499.8
1.58	1.21	1.81	2.31	2.27	1.75	1.63	1.21	1.04	7.97	3.51
18.5	30.5	59.8	162.0	137.5	68.3	103.4	99.0	73.8	471.1	191.8
0.12	0.21	0.40	1.10	0.93	0.46	0.71	0.69	0.52	3.20	1.36
4,305.1	4,106.6	4,114.6	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	4,337.3	3,885.1
,	,	,	,	,	,	,		.,	,	.,
577.5	489.9	498.3	557.1	451.3	468.8	479.2	372.1	302.9	557.1	372.1
-	_	_	159.4	306.3	227.7	302.6	386.3	522.4	159.4	386.3
44.4	2.3	(43.6)	161.2	347.0	374.0	361.2	456.7	576.8	161.2	456.7
840.6	756.4	785.7	959.2	1,201.2	1,186.3	1,343.3	1,278.7	1,471.8	959.2	1,278.7
143.4	143.1	142.4	142.0	141.3	141.2	140.0	139.2	133.2	142.0	139.2
148.6	148.4	147.8	147.5	147.2	147.5	145.8	144.1	142.7	147.0	142.8
117.6	66.0	121.1	135.8	133.5	107.2	76.8	57.7	53.1	453.3	228.6
41.4	45.5	39.0	11.4	30.8	57.9	31.1	3.8	1.7	131.2	14.5
35.5	17.1	5.6	1.0	0.2	8.0	0.1	2.6	9.7	2.1	25.2
4.9	7.6	12.7	12.1	10.8	3.7	1.1	1.0	1.9	27.7	5.0
(0.5)	4.0	5.7	9.3	9.0	14.5	7.9	0.6	(0.3)	40.7	1.3
198.9	140.2	184.1	169.6	184.3	184.1	117.0	65.7	66.1	655.0	274.6
8.9	25.7	26.6	13.3	65.5	37.8	29.2	2.6	2.8	145.8	5.4
323.1	290.2	320.6	321.9	315.9	267.2	272.9	284.8	269.7	294.7	275.2
38,161	34,230	37,916	37,580	38,804	27,750	31,375	32,342	32,177	33,908	30,989
6,627	5,648	5,916	6,143	6,144	5,021	5,276	5,462	5,017	5,650	5,147
98,644	88,243	97,269	97,370	97,601	77,312	82,137	85,265	82,150	88,672	82,001
45%	45%	45%	45%	46%	42%	45%	44%	45%	45%	44%
74,381	66,950	69,507	64,434	65,981	48,736	54,737	56,035	54,586	58,519	51,869
17,027	13,238	19,201	24,477	24,021	21,642	20,726	21,725	21,054	22,730	22,588
7,236	8,055	8,561	8,459	7,599	6,934	6,674	7,505	6,510	7,423	7,544
98,644	88,243	97,269	97,370	97,601	77,312	82,137	85,265	82,150	88,672	82,001
30,344	55,270	01,200	01,010	07,001	11,012	0 <u>2</u> ,101	55,255	02,100	00,012	02,001
2.67	2.43	4.23	6.56	6.39	6.75	5.18	4.76	3.89	6.24	3.72
103.36	94.42	100.66	108.50	112.56	134.65	117.53	94.46	84.42	117.07	81.91
33.64	30.86	43.93	48.25	51.20	62.80	61.64	54.61	47.05	55.37	41.84
51.11	46.63	55.94	66.72	68.92	76.22	67.59	55.40	48.86	69.60	46.23

(Amounts stated in \$ millions, except as noted)

	2023		2022				2021		Annual		
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021
COMMODITY PRICES - BENCHMARKS											
Natural gas											
AECO daily spot (\$/GJ)	2.46	2.32	3.05	4.85	3.95	6.86	4.49	4.41	3.41	5.04	3.44
AECO monthly index (\$/GJ)	2.26	2.22	4.12	5.29	5.50	5.95	4.35	4.68	3.36	5.27	3.38
Dawn (\$/MMbtu)	3.07	2.80	3.70	7.14	9.61	9.28	5.63	5.86	5.18	7.92	4.55
NYMEX (US\$/MMbtu)	2.66	2.32	2.76	6.09	7.91	7.49	4.57	4.85	4.32	6.51	3.72
Malin – daily index (US\$/MMBtu)	3.16	2.66	9.30	14.36	7.51	7.06	4.60	5.36	4.37	8.38	3.94
Condensate and oil											
Edmonton light sweet (\$/Bbl)	107.29	94.99	99.73	108.15	116.77	136.34	117.66	92.14	84.18	119.73	80.31
Edmonton condensate (\$/Bbl)	106.88	93.25	107.00	115.50	115.27	132.11	122.24	100.17	89.24	121.28	85.88
West Texas Intermediate (US\$/Bbl)	82.26	73.80	76.13	82.64	91.56	108.41	94.29	77.19	70.56	94.23	67.91
Other NGLs											
Conway – propane (\$/Bbl)	37.55	37.24	44.58	46.45	58.39	65.27	68.42	65.95	61.80	59.63	54.87
Belvieu – butane (\$/Bbl)	46.85	44.05	62.86	55.77	63.73	80.62	84.46	78.18	70.48	71.06	61.83
NETBACK (3)(4)											
Netback (\$/Boe)											
Petroleum and natural gas sales	51.11	46.63	55.94	66.72	68.92	76.22	67.59	55.40	48.86	69.60	46.23
Royalties	(8.28)	(5.12)	(7.90)	(9.43)	(9.96)	(12.11)	(10.31)	(6.69)	(4.09)	(10.36)	(4.24)
Operating expense	(12.55)	(13.03)	(12.43)	(13.31)	(12.25)	(12.61)	(12.07)	(11.61)	(11.02)	(12.58)	(11.37)
Transportation and NGLs processing (7)	(3.44)	(4.19)	(4.15)	(3.03)	(3.83)	(4.37)	(4.24)	(3.33)	(4.01)	(3.82)	(3.83)
Sales of commodities purchased	4.64	5.94	13.15	11.47	8.67	6.06	6.59	2.82	4.14	8.41	2.52
Commodities purchased	(4.32)	(6.15)	(13.05)	(11.21)	(8.51)	(5.84)	(6.64)	(2.85)	(4.16)	(8.25)	(2.54)
Netback	27.16	24.08	31.56	41.21	43.04	47.35	40.92	33.74	29.72	43.00	26.77
Risk management contract settlements	0.02	(0.33)	0.70	(2.57)	(4.94)	(8.79)	(6.72)	(9.23)	(7.81)	(5.53)	(7.29)
Netback including risk management contract settlements	27.18	23.75	32.26	38.64	38.10	38.56	34.20	24.51	21.91	37.47	19.48
Royalty rate (4)	16.3%	11.0%	14.1%	14.1%	14.5%	16.0%	15.6%	12.1%	8.4%	15.0%	9.2%
Netback											
Natural gas revenue (8)	79.3	64.1	122.0	194.2	185.7	164.0	127.1	124.7	96.5	671.1	373.3
Condensate and oil revenue	362.9	294.1	343.5	375.1	401.8	340.0	331.9	281.1	249.9	1,448.9	926.5
Other NGLs revenue (6)	20.5	15.9	23.4	27.3	28.9	28.7	29.3	27.4	21.7	114.2	78.6
Royalty income and other revenue	1.1	0.3	8.0	1.1	2.5	3.5	11.3	1.3	1.1	18.2	5.2
Petroleum and natural gas sales	463.8	374.4	489.7	597.7	618.9	536.2	499.6	434.5	369.2	2,252.4	1,383.6
Royalties	(75.2)	(41.2)	(69.1)	(84.4)	(89.4)	(85.2)	(76.2)	(52.5)	(30.9)	(335.3)	(127.0)
Operating expense	(113.9)	(104.6)		(119.2)		(88.7)	(89.2)	(91.0)	(83.3)	(407.1)	(340.4)
Transportation and NGLs processing (7)	(31.2)	(33.6)	(36.3)	(27.2)	(34.4)	(30.8)	(31.3)	(26.1)	(30.3)	(123.7)	(114.5)
Sales of commodities purchased	42.1	47.7	115.1	102.7	77.9	42.7	48.8	22.1	31.3	272.0	75.5
Commodities purchased	(39.2)	(49.3)	(114.3)	(100.4)	(76.4)	(41.1)	(49.1)	(22.3)	(31.4)	(267.0)	(76.1)
Netback	246.4	193.4	276.3	369.2	386.6	333.1	302.6	264.7	224.6	1,391.3	801.1
Risk management contract settlements	0.2	(2.7)	6.1	(23.0)	(44.4)	(61.9)	(49.7)	(72.4)	(59.0)	(179.0)	(218.3)
Netback including risk management contract settlements	246.6	190.7	282.4	346.2	342.2	271.2	252.9	192.3	165.6	1,212.3	582.8

(Amounts stated in \$ millions, except as noted)

SUMMARY INCOME STATEMENT

Revenue

Gain (loss) on risk management contracts

Operating expense

Transportation and NGLs processing

Commodities purchased

General and administrative

Share-based compensation

Depletion, depreciation and impairment (reversals)

Exploration and evaluation

(Gain) loss on sale of oil and gas assets

Interest and financing

Accretion of asset retirement obligations

Settlement of dissent payment entitlement

Other

Expenses

Income (loss) before tax

Deferred income tax expense (recovery)

Net income (loss)

CASH FROM OPERATING ACTIVITIES / ADJUSTED FUNDS FLOW (4)

Net income (loss)

Risk management contracts

Share-based compensation

Depletion, depreciation and impairment (reversals)

Exploration and evaluation

(Gain) loss on sale of oil and gas assets

Accretion of asset retirement obligations

Settlement of on dissent payment entitlement

Deferred income tax

Other

Asset retirement obligations settled

Change in non-cash working capital

Cash from operating activities

Change in non-cash working capital Geological and geophysical expense

Asset retirement obligations settled

Provisions

Settlements

Adjusted funds flow

	2023			20)22		21)21	Annual		
Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021	
- QU	٧.	<u> </u>	Q -7	<u> </u>	Q.L	<u> </u>	Q -1	Q 0	LVLL	LVL	
430.7	380.9	535.7	616.0	607.4	493.7	472.2	404.1	369.6	2,189.1	1,332.1	
(12.1)	13.7	(1.9)	8.1	2.4	(41.3)	(152.0)	14.1	(47.0)	(182.7)	(189.8)	
418.6	394.6	533.8	624.1	609.8	452.4	320.2	418.2	322.6	2,006.4	1,142.3	
113.9	104.6	108.8	119.2	110.0	88.7	89.2	91.0	83.3	407.1	340.4	
31.2	33.6	36.3	27.2	34.4	30.8	31.3	26.1	30.3	123.7	114.5	
39.2	49.3	114.3	100.4	76.4	41.1	49.1	22.3	31.4	267.0	76.1	
11.8	12.1	15.0	13.6	9.7	10.2	9.3	11.9	10.4	42.7	41.6	
4.4	4.3	6.9	13.1	3.2	1.5	7.5	7.7	3.0	25.3	18.8	
87.0	81.5	101.5	95.2	88.0	23.5	79.3	100.4	(209.8)	286.0	133.1	
3.1	2.2	2.8	4.7	3.0	6.9	16.0	9.2	6.7	30.6	38.9	
(0.5)	(1.2)	(121.1)	(63.7)	(0.4)	0.2	(1.7)	_	(32.3)	(65.6)	(72.1)	
1.7	1.3	1.5	(2.2)	3.3	0.6	4.7	9.0	8.7	6.4	47.1	
10.9	10.9	10.7	11.6	11.4	11.1	10.8	10.5	10.6	44.9	42.6	
_	(0.5)	-	(00.4)	(5.0)	-	_	(7.5)	- (4.5)	(07.5)	22.6	
_	(0.5)	0.4	(23.4)	(5.0)	0.1	0.8	(7.5)	(1.5)	(27.5)	16.2	
302.7	298.1	277.1	295.7	334.0	214.7	296.3	280.6	(59.2)	1,140.6	819.8	
115.9	96.5	256.7	328.4	275.8	237.7	23.9	137.6	381.8	865.8	322.5	
28.7	22.3	59.7	68.5	53.9	55.5	7.3	36.6	89.1	185.2	85.6	
87.2	74.2	197.0	259.9	221.9	182.2	16.6	101.0	292.7	680.6	236.9	
		40-0		201.0	400.0	40.0					
87.2	74.2	197.0	259.9	221.9	182.2	16.6	101.0	292.7	680.6	236.9	
12.3	(16.4)	8.0	(31.1)	(46.8)	(20.6)	102.3	(86.5)	(12.0)	3.7	(28.5)	
4.4 87.0	4.3 81.5	6.9 101.5	13.1 95.2	3.2 88.0	1.5 23.5	7.5 79.3	7.7 100.4	3.0 (209.8)	25.3 286.0	18.8 133.1	
0.3	0.1	0.3	2.6	00.0	23.5 5.0	19.5 13.4	6.3	(209.6) 5.1	200.0	30.9	
(0.5)	(1.2)	(121.1)	(63.7)	(0.4)	0.2	(1.7)	0.5	(32.3)	(65.6)	(72.1)	
10.9	10.9	10.7	11.6	11.4	11.1	10.8	10.5	10.6	44.9	42.6	
-	10.5	-	- 11.0		-	-	- 10.0	-	44.5	22.6	
28.7	22.3	59.7	68.5	53.9	55.5	7.3	36.6	89.1	185.2	85.6	
1.1	0.9	0.2	6.5	(0.3)	(3.6)	(0.3)	2.7	0.4	2.2	4.9	
(14.0)	(5.9)	(21.8)	(7.0)	(10.2)	(4.0)	(14.8)	(7.0)	(6.9)	(36.1)	(25.4)	
(9.8)	1.5	30.0	(48.7)	(72.5)	68.1	(45.5)	20.1	(42.9)	(98.4)	32.7	
207.6	172.2	271.4	306.9	248.9	318.9	174.9	191.8	97.0	1,049.6	482.1	
9.8	(1.5)	(30.0)	48.7	72.5	(68.1)	45.5	(20.1)	42.9	98.4	(32.7)	
2.8	2.1	2.5	2.1	2.3	` 1.9 [′]	2.6	2.9	1.6	8.8	8.0	
14.0	5.9	21.8	7.0	10.2	4.0	14.8	7.0	6.9	36.1	25.4	
_	_	2.5	(24.0)	0.4	1.6	_	_	_	(21.9)	24.0	
_	_	-	-	_	-	_	(7.0)	_	-	(7.0)	
234.2	178.7	268.2	340.7	334.3	258.3	237.8	174.6	148.4	1,171.0	499.8	

(Amounts stated in \$ millions, except as noted)

FREE CASH FLOW (4)

Adjusted funds flow

Capital expenditures

Geological and geophysical expense

Asset retirement obligations settled

Free cash flow

SUMMARY BALANCE SHEET

Assets

Current assets

Risk management – long-term

Lease receivable

Investment in securities

Exploration and evaluation

Property, plant and equipment, net

Deferred income tax

Total assets

Liabilities and shareholders' equity

Current liabilities

Long-term debt

Risk management – long-term

Asset retirement obligation and other - long-term

Shareholders' equity

Total liabilities and shareholders' equity

NET (CASH) DEBT CALCULATION (4)

Cash and cash equivalents

Accounts receivable

Prepaid expenses

Accounts payable and accrued liabilities

Long-term debt

Net (cash) debt

RESERVES (9)

Reserves

Natural gas (Bcf)

NGLs (MBbl)

Crude Oil (MBbl)

Total (MBoe)

Future Net Revenue NPV₁₀

	2023			20	22		20	21	Anı	nual
Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021
234.2	178.7	268.2	340.7	334.3	258.3	237.8	174.6	148.4	1,171.0	499.8
(198.9)	(140.2)	(184.1)	(169.6)	(184.3)	(184.1)	(117.0)	(65.7)	(66.1)	(655.0)	(274.6)
(2.8)	(2.1)	(2.5)	(2.1)	(2.3)	(1.9)	(2.6)	(2.9)	(1.6)		(8.0)
(14.0)	(5.9)	(21.8)	(7.0)	(10.2)	(4.0)	(14.8)	(7.0)	(6.9)	(36.1)	(25.4)
18.5	30.5	59.8	162.0	137.5	68.3	103.4	99.0	73.8	471.1	191.8
231.8	209.7	280.4	506.2	250.5	166.5	221.7	156.7	158.1	506.2	156.7
2.3	2.1	1.2	2.9	8.5	7.6	4.3	0.7	0.5	2.9	0.7
-	400.0	400.0	-	454.0	400.0	470.0	0.5	1.0		0.5
577.5	489.9	498.3	557.1	451.3	468.8	479.2	372.1	302.9	557.1	372.1
543.3	535.4	512.1	485.7	529.1	529.6	534.0	539.9	544.6	485.7	539.9
2,732.3 217.9	2,613.9 255.6	2,545.5 277.1	2,456.3 329.1	2,612.3 409.6	2,441.6 462.1	2,338.5 517.8	2,269.7 545.5	2,283.9 591.9	2,456.3 329.1	2,269.7 545.5
4,305.1	4,106.6	4,114.6	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	4,337.3	3,885.1
4,303.1	4,100.0	4,114.0	4,337.3	4,201.3	4,070.2	4,033.3	3,003.1	3,002.9	4,337.3	3,003.1
314.7	239.5	273.0	282.4	342.8	417.6	404.3	256.0	330.1	282.4	256.0
_	_	_	159.4	306.3	227.7	302.6	386.3	522.4	159.4	386.3
0.7	_	0.5	_	_	_	_	3.1	6.4	_	3.1
525.2	516.9	512.2	517.4	552.1	541.0	636.4	633.3	612.9	517.4	633.3
3,464.5	3,350.2	3,328.9	3,378.1	3,060.1	2,889.9	2,752.2	2,606.4	2,411.1	3,378.1	2,606.4
4,305.1	4,106.6	4,114.6	4,337.3	4,261.3	4,076.2	4,095.5	3,885.1	3,882.9	4,337.3	3,885.1
(43.1)	(38.6)	(81.9)	(2.5)	(2.2)	(1.2)	(1.5)	(1.7)	(1.4)	(2.5)	(1.7)
(166.7)	(127.8)	(178.9)	(216.5)	(219.0)	(147.9)	(207.8)	(139.7)	(140.1)	(216.5)	(139.7)
(16.0)	(24.2)	(10.9)	(9.1)	(13.8)	(11.5)	(8.4)	(7.3)	(13.8)	(9.1)	(7.3)
270.2	192.9	228.1	229.9	275.7	306.9	276.3	219.1	209.7	229.9	219.1
_	_	_	159.4	306.3	227.7	302.6	386.3	522.4	159.4	386.3
44.4	2.3	(43.6)	161.2	347.0	374.0	361.2	456.7	576.8	161.2	456.7

	Pro	ved	Proved plus Probable						
	2022	2021	2022	2021					
	1,361.4	1,034.0	2,279.9	2,009.9					
	213,851	146,264	372,985	296,918					
	3,901	20,881	5,803	30,561					
	444,644	339,476	758,769	662,469					
l	5,798	3,573	9,085	6,235					

(Amounts stated in \$ millions, except as noted)

- Some rows and columns may not add due to rounding.
- Certain comparative figures have been reclassified to conform with the current presentation.
- Readers are referred to the Product Type Information section and the Specified Financial Measures section of this document.
- (2) (3) (4) Adjusted funds flow, free cash flow and net (cash) debt are capital management measures. Netback and netback including risk management contract settlements are non-GAAP financial measures. Netback and Netback including risk management contract settlements presented on a \$/Boe basis are non-GAAP ratios. Each measure, other than net income, that is presented on a per share - diluted, \$/Mcf. \$/Boe or rate basis is a supplementary financial measure. Refer to the "Specified Financial Measures" section for more information on these measures. Prior period free cash flow results have been reclassified to conform with the current year's presentation.
- Common Shares and weighted average shares outstanding are presented net of shares held in trust under the Company's restricted share unit plan. The number of Common Shares held in trust under the Company's restricted share unit plan that reduced the Common Shares outstanding at the end of the following periods were (Common Shares): Q3 2023: 0.4 million, Q2 2023: 0.4 million, Q1 2023: 0.8 million, Q4 2022: 0.8 million, Q3 2022: 0.8 million, Q2 2022: 0.8 million, Q1 2023: 0.8 million, Q4 2021: 1.5 million, Q3 2021: 1.5 million, Q3 2021: 1.5 million, Q3 2021: 1.5 million, Q4 2021: 1.5 million, Q3 2021: 1.5 million, Q4 2021:
- Other NGLs means ethane, propane and butane.
- Includes downstream natural gas, NGLs and oil transportation costs and NGLs fractionation costs.
- Natural gas revenue presented as \$/Mcf.
- Reserves evaluated by McDaniel & Associates Consultants Ltd. ("McDaniel") as of December 31, 2022 and December 31, 2021 in accordance with National Instrument 51-101 definitions, standards and procedures. Reserves are gross reserves representing working interest before royalties. Net present values of future net revenue were determined using forecast prices and costs and do not represent fair market value. Readers should refer to the Company's annual information forms for the years ended December 31, 2022 and December 31, 2021 which are available on SEDAR+ at www.sedarplus.ca or on the Company's website at www.paramountres.com, for a complete description of the McDaniel reports and the material assumptions, limitations and risk factors pertaining thereto.

Product Type Information

This document refers to sales volumes of "natural gas", "condensate and oil", "NGLs", "Other NGLs" and "Liquids". "Natural gas" refers to shale gas and conventional natural gas combined. "Condensate and oil" refers to condensate, light and medium crude oil, tight oil and heavy crude oil combined. "NGLs" refers to condensate and Other NGLs combined. "Other NGLs" refers to ethane, propane and butane combined. "Liquids" refers to condensate and oil and Other NGLs combined. Below is a complete breakdown of sales volumes for applicable periods by the specific product types of shale gas, conventional natural gas, NGLs, light and medium crude oil, tight oil and heavy crude oil. Numbers may not add due to rounding.

		2023			2022				2021		Annual	
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021	
SALES VOLUMES - TOTAL COMPANY BY PRODUCT TYPE	Ξ											
Shale gas (MMcf/d)	276.7	246.0	265.2	260.0	253.8	203.7	213.1	220.4	207.1	232.9	207.9	
Conventional natural gas (MMcf/d)	46.4	44.2	55.4	61.9	62.1	63.5	59.8	64.4	62.6	61.8	67.3	
Natural gas (MMcf/d)	323.1	290.2	320.6	321.9	315.9	267.2	272.9	284.8	269.7	294.7	275.2	
Condensate (Bbl/d)	35,984	32,341	34,706	34,616	35,747	25,374	29,064	29,797	29,670	31,228	28,328	
Other NGLs (Bbl/d)	6,627	5,648	5,916	6,143	6,144	5,021	5,276	5,462	5,017	5,650	5,147	
NGLs (Bbl/d)	42,611	37,989	40,622	40,759	41,891	30,395	34,340	35,259	34,687	36,878	33,475	
Light and medium crude oil (Bbl/d)	1,154	942	2,151	2,335	2,608	1,974	1,874	2,048	2,032	2,200	2,174	
Tight oil (Bbl/d)	627	538	599	629	449	402	437	497	475	480	487	
Heavy crude oil (Bbl/d)	396	409	460	_	_	_	_	_	_	_	_	
Crude oil (Bbl/d)	2,177	1,889	3,210	2,964	3,057	2,376	2,311	2,545	2,507	2,680	2,661	
Total (Boe/d)	98,644	88,243	97,269	97,370	97,601	77,312	82,137	85,265	82,150	88,672	82,001	
SALES VOLUMES – BY REGION BY PRODUCT TYPE												
GRANDE PRAIRIE REGION												
Shale gas (MMcf/d)	222.8	196.1	204.0	188.4	188.2	138.8	151.4	156.5	145.8	166.9	138.8	
Conventional natural gas (MMcf/d)	0.4	0.3	0.4	1.5	1.4	1.0	1.1	2.4	2.2	1.3	2.2	
Natural gas (MMcf/d)	223.2	196.4	204.4	189.9	189.6	139.8	152.5	158.9	148.0	168.2	141.0	
		00 040	04 007	00 440	20 040	00 E44	26,042	26,272	26 620	27.005		
Condensate (Bbl/d)	32,145	30,046	31,367	29,146	30,610	22,511			26,639	27,095	25,253	
Condensate (Bbl/d) Other NGLs (Bbl/d)	32,145 4,815	30,046 4,012	4,074	3,631	3,758	22,511	3,267	3,276	3,274	3,394	25,253 3,103	
, ,												
Other NGLs (Bbl/d)	4,815	4,012	4,074	3,631	3,758	2,914	3,267	3,276	3,274	3,394	3,103	
Other NGLs (Bbl/d) NGLs (Bbl/d)	4,815	4,012	4,074 35,441	3,631	3,758 34,368	2,914 25,425	3,267 29,309	3,276 29,548	3,274 29,913	3,394 30,489	3,103 28,356	
Other NGLs (Bbl/d) NGLs (Bbl/d) Light and medium crude oil (Bbl/d)	4,815 36,960 -	4,012 34,058	4,074 35,441 –	3,631 32,777 –	3,758 34,368 5	2,914 25,425 5	3,267 29,309 6	3,276 29,548 6	3,274 29,913 9	3,394 30,489	3,103 28,356	

(Amounts stated in \$ millions, except as noted)

	2023			2022				2021		Annual	
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	2022	2021
KAYBOB REGION											
Shale gas (MMcf/d)	28.0	21.7	31.8	41.9	38.5	37.9	35.7	35.6	36.9	38.5	38.6
Conventional natural gas (MMcf/d)	41.7	38.4	49.6	55.0	54.8	56.7	53.6	56.8	54.4	55.0	58.6
Natural gas (MMcf/d)	69.7	60.1	81.4	96.9	93.3	94.6	89.3	92.4	91.3	93.5	97.2
Condensate (Bbl/d)	2,981	1,301	2,315	4,354	4,157	2,092	2,130	2,184	2,072	3,192	2,295
Other NGLs (Bbl/d)	1,188	891	988	1,671	1,666	1,585	1,558	1,788	1,415	1,620	1,612
NGLs (Bbl/d)	4,169	2,192	3,303	6,025	5,823	3,677	3,688	3,972	3,487	4,812	3,907
Light and medium crude oil (Bbl/d)	1,131	914	2,121	2,045	2,434	1,946	1,832	2,000	1,979	2,066	2,129
Tight oil (Bbl/d)	104	115	206	262	208	253	322	355	368	261	355
Crude oil (Bbl/d)	1,235	1,029	2,327	2,307	2,642	2,199	2,154	2,355	2,347	2,327	2,484
Total (Boe/d)	17,027	13,238	19,201	24,477	24,021	21,642	20,726	21,725	21,054	22,730	22,588
CENTRAL ALBERTA AND OTHER REGION											
Shale gas (MMcf/d)	25.9	28.2	29.4	29.7	27.1	27.0	26.0	28.2	24.4	27.5	30.5
Conventional natural gas (MMcf/d)	4.3	5.5	5.4	5.4	5.9	5.8	5.1	5.3	6.0	5.5	6.5
Natural gas (MMcf/d)	30.2	33.7	34.8	35.1	33.0	32.8	31.1	33.5	30.4	33.0	37.0
Condensate (Bbl/d)	858	994	1,024	1,116	980	771	892	1,341	959	941	781
Other NGLs (Bbl/d)	624	745	854	841	720	522	451	398	328	636	432
NGLs (Bbl/d)	1,482	1,739	1,878	1,957	1,700	1,293	1,343	1,739	1,287	1,577	1,213
Light and medium crude oil (Bbl/d)	23	28	30	290	169	23	36	42	44	130	40
Tight oil (Bbl/d)	303	264	393	367	241	149	115	142	107	219	131
Heavy crude oil (Bbl/d)	396	409	460	_	_	_	_	_	_	_	_
Crude oil (Bbl/d)	722	701	883	657	410	172	151	184	151	349	171
Total (Boe/d)	7,236	8,055	8,561	8,459	7,599	6,934	6,674	7,505	6,510	7,423	7,544

SPECIFIED FINANCIAL MEASURES

Non-GAAP Financial Measures

Netback and netback including risk management contract settlements are non-GAAP financial measures. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback equals petroleum and natural gas sales (the most directly comparable measure disclosed in the Company's primary financial statements) plus sales of commodities purchased less royalties, operating expense, transportation and NGLs processing expense and commodities purchased. Sales of commodities purchased are treated as corporate items and not allocated to individual regions or properties. Netback is used by investors and Management to compare the performance of the Company's producing assets between periods.

Netback including risk management contract settlements equals netback after including (or deducting) risk management contract settlements received (paid). Netback including risk management contract settlements is used by investors and Management to assess the performance of the producing assets after incorporating Management's risk management strategies.

Non-GAAP Ratios

Netback and netback including risk management contract settlements presented on a \$/Boe basis are non-GAAP ratios as they each have a non-GAAP financial measure as a component. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback on a \$/Boe basis is calculated by dividing netback (a non-GAAP financial measure) for the applicable period by the total production during the period in Boe. Netback including risk management contract settlements on a \$/Boe basis is calculated by dividing netback including risk management contract settlements for the applicable period by the total production during the period in Boe. These measures are used by investors and management to assess netback and netback including risk management contract settlements on a unit of production basis.

(Amounts stated in \$ millions, except as noted)

Capital Management Measures

Adjusted funds flow, free cash flow and net (cash) debt are capital management measures that Paramount utilizes in managing its capital structure. These measures are not standardized measures and therefore may not be comparable with the calculation of similar measures by other entities. Refer to Note 15 – Capital Structure in the Company's unaudited interim condensed consolidated financial statements as at and for the three and nine months ended September 30, 2023 for a description of the composition and use of these measures. Reconciliations of adjusted funds flow and free cash flow to cash from operating activities, the most directly comparable measure disclosed in the Company's primary financial statements, and calculations of net (cash) debt are provided in this document for the applicable periods. The label of the net (cash) debt capital management measure has been revised from the previous label of net debt to allow for the description of negative amounts as net (cash).

Supplementary Financial Measures

This document contains supplementary financial measures expressed as: (i) cash from operating activities, adjusted funds flow and free cash flow on a per share – diluted basis and (ii) realized prices, petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis and (iii) royalty rate.

Cash from operating activities, adjusted funds flow and free cash flow on a per share – diluted basis are calculated by dividing cash from operating activities, adjusted funds flow or free cash flow, as applicable, over the referenced period by the weighted average diluted shares outstanding during the period determined in accordance under IFRS.

Petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis are calculated by dividing the petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased, as applicable, over the referenced period by the aggregate units (Bbl, Mcf or Boe) produced during such period.

Royalty rate is calculated by dividing royalties by petroleum and natural gas sales less royalty income and other revenue.

Advisory

This document summarizes certain historical financial and operational information of the Company for the ease of reference of readers. This document should be read in conjunction with the Company's annual information form, financial statements and management's discussion and analysis for each of the periods referenced. These documents, which contain important additional information and disclosure necessary to understand the summary information provided herein, are available on SEDAR+ at www.sedarplus.ca and on the Company's website at www.paramountres.com.

Oil and Gas Measures and Definitions

Liquids		Natural Gas	
Bbl	Barrels	Mcf	Thousands of cubic feet
Bbl/d	Barrels per day	MMcf/d	Millions of cubic feet per day
NGLs	Natural gas liquids	GJ	Gigajoules
Condensate	Pentane and heavier hydrocarbons	GJ/d	Gigajoules per day
WTI	West Texas Intermediate	MMBtu	Millions of British Thermal Units
		MMBtu/d	Millions of British Thermal Units per day
Oil Equivalent		NYMEX	New York Mercantile Exchange
Boe	Barrels of oil equivalent	AECO	AECO-C reference price
Boe/d	Barrels of oil equivalent per day		

This document contains disclosures expressed as "Boe", "\$/Boe", "MBoe", "MMBoe" and "Boe/d". Natural gas equivalency volumes have been derived using the ratio of six thousand cubic feet of natural gas to one barrel of oil when converting natural gas to Boe. Equivalency measures may be misleading, particularly if used in isolation. A conversion ratio of six thousand cubic feet of natural gas to one barrel of oil is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the well head. For the nine months ended September 30, 2023, the value ratio between crude oil and natural gas was approximately 35:1. This value ratio is significantly different from the energy equivalency ratio of 6:1. Using a 6:1 ratio would be misleading as an indication of value.

Additional information respecting the Company's oil and gas properties and operations is provided in the Company's annual information form for the year ended December 31, 2022 which is available on SEDAR+ at www.sedarplus.ca.